## CRAFT BREWERS CONFERENCE

& BrewExpo America®

# Brewing and Fermentation in Ancient Civilizations

The History (and Future) of BIWoC in Beer

"The future emerges from the past"
- Senegalese Proverb





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MUJERES BREW HOUSE



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LIFTING LUCY (BIWoC In BEER)



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### A Woman's Work

A woman's place has always been in fermentation



## Q: How did women in ancient civilizations find themselves as brewsters?

## **Expressions of Fermentation Where Women Reigned**

- Medicinal
- Commerce
- Cultural Preservation
- Socialization/Hospitality/Diplomacy
- Maternity/Milk Production
- Honor (Weddings, Funerals, Rite(s) of Passage)







Ninkasi is well known as a beer goddess in the industry, but there was Mbaba Mwana Waresa, the Zulu Goddess of rainbows, fertility and beer! To carry on the tradition, she taught her community how to brew.



## **Beginning of Civilization**

- Commerce
- CulturalPreservation
- Socialization/ Hospitality

### Middle Passage

- Freedom Seekers and Southern Traditions (Patsy Young)
- Caribbean Region
- Brewing Traditions from Africa and Foodways

### Modern Beer Goddesses

- Traditional Brewers throughout the continent
- Kweza Craft Brewery and Brewsters Craft







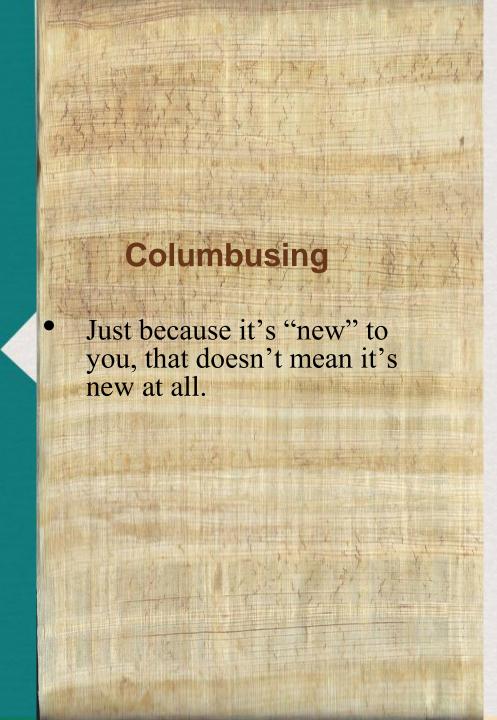


Q: Traditional beers, such as chicha, have recently been described as hidden, lost, or discovered. Is this the case? Did these traditional beers ever go anywhere?



### Cervecerías Originales

- OG MujeresBrewhouses
- Social and Communal

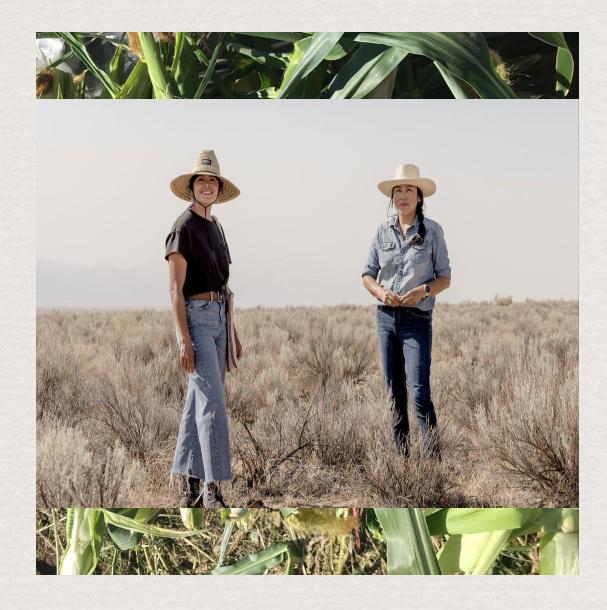


## **Mujeres Brewhouse**

- Craft, Culture, Diversity,
   Community
- Immersion beyond beer







Q: Peoples native to this land brewed beer long before Europeans arrived. How can we honor the oldest brewing traditions of what are now called North America and Central America?

### **Agriculture & Foodways**

- Connection to the Land
- Existing **Fermentations** Practices

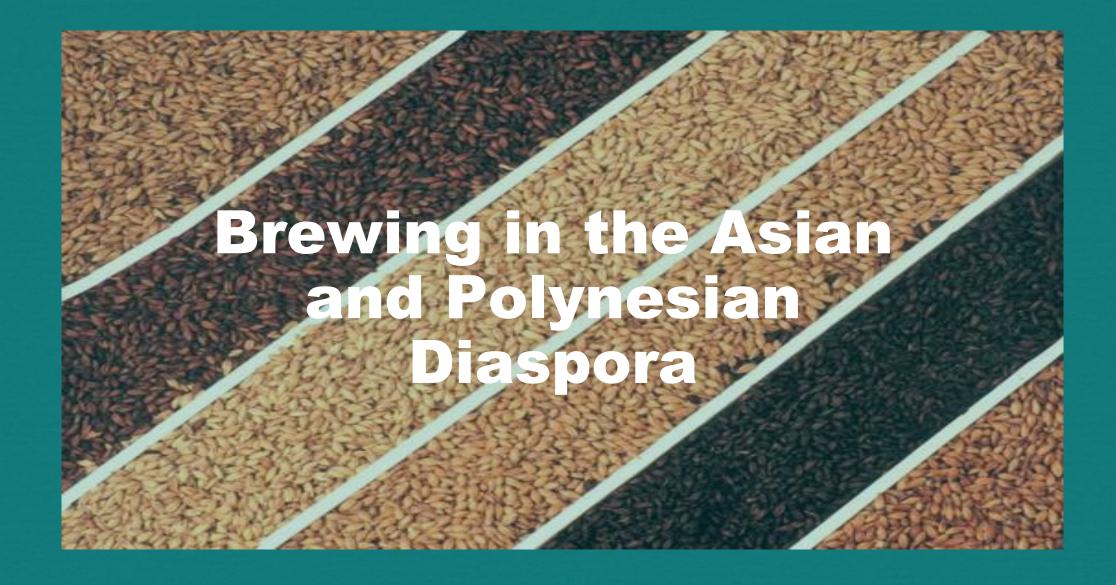
## Bow & Arrow Brewing Co.

- Established in 2016
- First Native Female-Owned Brewery in the US

### **Native Land** Collaboration

- **National Collaboration**
- **Emphasis** on Land Acknowledgment
- Mission to Provide Resources for Native-Focused Non-Profits









Q: Archaeologists in Southeastern China recently discovered the residue of beer drunk 9,000 years ago. What expressions of beer (and its origination) are not being explored and/or authentically honored?



## All Brewsters are Tojis

- Sake Myth vs. Reality
- Misconception of "virtue"
- Reclaiming Time and Traditions

### Polynesian Brewing Traditions

- Dole Committee of Safety
- Polynesian Traditions
   Impacted by Outlaw of languages other than
   English in Educational Institutions (1896)
- Resistance through Fermentation

#### Malama

"To tend to, care for, preserve, protect, watch over"



Q: How are modern BIWoC, such as yourselves, ensuring their culture has a place in modern craft beer culture?







## Appreciation vs. Appropriation

- "What's the difference?"
- Authenticity Over Everything!
- Put the Cape Away

### **Current Examples**

- Dos Luces
- Montclair Brewery
- Raices
- Arbeiter Brewing Company
- Chula Vista Brewery
- Rhythm Brewing Company
- Spaceway Brewing
- Atrevida Brewing
- Many More

## We are Our Sister's Keepers

- "When women support each other, incredible things happen."
- "Sometimes being a brother is even better than being a superhero." -March Brown





### Resources

**BA DEI** 

https://www.brewersassociation.org/programs/diversity/#tab-resources

BA DEI BEST PRACTICES

https://www.brewersassociation.org/pl aylist/diversity-best-practices/

## THANK YOU!

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